



HOSTILE ENVIRONMENT AWARENESS TRAINING (HEAT) 2014 PROGRAMME

TIME	Day 1	Day 2
08h30 - 10h30	Psychology of Survival Post Traumatic Stress Disorder (PTSD) ✓ signs ✓ symptoms ✓ solutions	Resistance to Interrogation Exercise ✓ types of Interrogation ✓ stress position ✓ handling of abuse ✓ mental attitude
10h30 - 11h00	REFRESHMENT BREAK	
11h00 - 12h30	Pre-Planning ✓ travel security ✓ bio Files ✓ using survival kits	Debrief of Exercise ✓ role play ✓ personal assessment ✓ strategies for survival ✓ post-incident analysis
12h30 - 13h30	LUNCH	
13h30 - 15h00	Handling a disaster ✓ natural ✓ man-made	Emergency Medicine ✓ presentation ✓ demonstration ✓ scenarios ✓ role playing ✓ medical kit
15h00 - 15h15	REFRESHMENT BREAK	
15h15 - 16h30	Kidnapping in Africa ✓ selection of Target ✓ surveillance of Target ✓ action on Target ✓ securing of Target	Counter- and Anti-Surveillance ✓ equipment ✓ techniques ✓ tactics

